

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Taveirne Bea HEADCOACH

Coaches: Ryckeman Brian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M FREESTYLE MEN

Heat:10, starttime: 09:27

Heat: 10/10 Lane : 8 Athlete: VANSIELEGHEM KILLIAN			Q-time: 00:52:69
PB (50m pool): 00:52.69 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 00:50.86 SB: 00:52.69 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:25.30	00:52.69	
	00:25.30	00:27.39	
			

Coach feedback:

Event number: 18: 200M BUTTERFLY MEN

Heat:2, starttime: 09:48

Heat: 2/4 Lane : 7 Athlete: DEVOS RHUNE					Q-time: 02:14:73
PB (50m pool): 02:14.73 Antwerpen 22/03/2026			PB (25m pool): 02:16.22 SB: 02:14.73 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.61	01:03.16	01:37.47	02:14.73	
	00:29.61	00:33.55	00:34.31	00:37.26	
					

Coach feedback:

Event number: 18: 200M BUTTERFLY MEN

Heat:3, starttime: 09:51

Heat: 3/4 Lane : 6 Athlete: VANSIELEGHEM KILLIAN					Q-time: 02:11:05
PB (50m pool): 02:11.05 Antwerpen 22/03/2026					PB (25m pool): 02:03.30SB: 02:11.05 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.32	01:01.12	01:35.28	02:11.05	
	00:28.32	00:32.80	00:34.16	00:35.77	
					

Coach feedback:

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Event number: 20: 50M BREASTSTROKE MEN							Heat:6, starttime: 10:12		
Heat: 6/9 Lane : 2 Athlete: VANHOUTTE WARRE							Q-time: 00:30:89		
PB (50m pool): 00:30.89 Antwerpen 22/03/2026				PB (25m pool): 00:30.50SB: 00:30.89 Antwerpen 22/03/2026					
	5 0 M								
PB	00:30.89								
	00:30.89								
									

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN					Heat:3, starttime: 10:24	
Heat: 3/4 Lane : 1 Athlete: DEPAEPE ELIZE					Q-time: 02:30:04	
PB (50m pool): 02:30.04 Antwerpen 22/03/2026			PB (25m pool): 02:22.85 SB: 02:30.04 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:34.75	01:13.22	01:52.04	02:30.04		
	00:34.75	00:38.47	00:38.82	00:38.00		
						

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN							Heat:3, starttime: 10:35		
Heat: 3/7 Lane : 2 Athlete: PROVOOST MATICE							Q-time: 00:29:22		
PB (50m pool): 00:28.94 Antwerp 21/01/2024				PB (25m pool): 00:27.89			SB: 00:29.82 Antwerpen 22/03/2026		
	5 0 M								
PB	00:28.94								
	00:28.94								
									

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN							Heat:3, starttime: 10:35		
Heat: 3/7 Lane : 6 Athlete: VANDYCKE LUCAS							Q-time: 00:29:21		
PB (50m pool): 00:29.21 Brugge 01/02/2026							PB (25m pool): 00:28.15 SB: 00:29.21 Brugge 01/02/2026		
	5 0 M								
PB	00:29.21								
	00:29.21								
									

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN			Heat:4, starttime: 10:47
Heat: 4/9 Lane : 5 Athlete: CLAEYS DITTE			Q-time: 01:00:42
PB (50m pool): 00:59.56 Antwerpen 21/07/2024			PB (25m pool): 00:59.51 SB: 01:01.16 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:59.56	
	no time		
			

Coach feedback: